



# Vegan/ Vegetarian Menu

## Welcome to The Glasshouse Hotel

### Starters

#### **Salad of Heirloom Tomato**

Radish, Mozzarella, Basil Crumb, Baby Leaf, Tomato Vinaigrette  
3, 4, 11

#### **Trio of Fresh Melon**

Ogen, Cantaloupe and Watermelon

#### **Roast Balsamic Beetroot Salad**

Peppery Rocket, Marinated Tomatoes, Toasted Pistachios  
Vegan Dressing  
2, 3, 4, 6

### Main Courses

#### **Buttered Carrot Cannelloni (Vegetarian)**

Spiced Mediterranean Vegetables, Herb Veloute, Crunchy Pumpkin Seeds  
4, 5

#### **Whole Roast Pointed Peppers**

Basil Falafel , Pink Radish, Pinenut  
Spiced Vegan Mayonnaise  
4, 6

#### **Mix Vegetable Stir-Fry**

Soy, Sesame and Hoi-Sin Sauce  
Slow Cooked Rice  
4, 13

### Desserts

#### **Forest Berry & Soya Milk Mousse**

Raspberry Sorbet  
4

#### **Sicilian Lemon" Cream"**

Biscuit Base  
Lemon Sorbet

#### **Selection of Fresh Fruit Salad**

### **Menu Cost**

**2- Course €30.00**

**3- Course €40.00**

### Allergens

1. Cereals Containing Gluten- w-Wheat o-Oats- b- Barley- r- Rye  
2. Egg 3. Milk 4. Soybeans 5. Celery 6. Nuts 7. Fish 8. Peanuts  
9. Crustaceans 10. Molluscs 11. Sulphur Dioxide 12. Mustard 13. Sesame 14 Lupin